

Race Analysis

FINA Swim World Cup 2019 Woman

Name Emily Seebohm

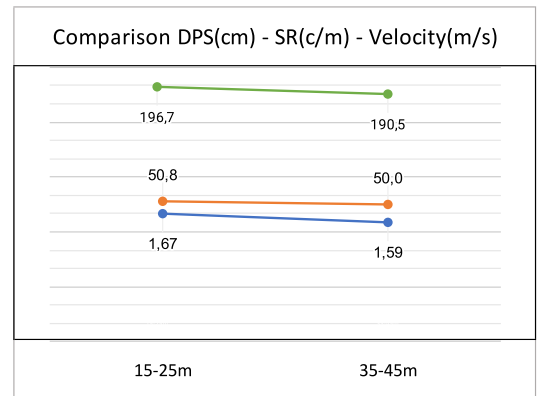
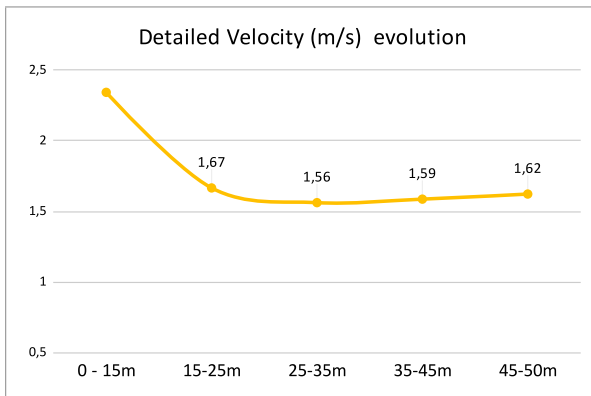
Race 50m Backstroke Results 00:28.18

Distance	Metres	0 - 15m	15-25m	25-35m	35-45m	45-50m	Pacing info	
Split	Time	00:06.40	00:12.40	00:18.80	00:25.10	00:28.18	Averages	
Lap	Time	00:06.40	00:06.00	00:06.40	00:06.30	00:03.08	1,80	
Velocity	Metre/Sec	2,34	1,67	1,56	1,59	1,62	50,4	
Stroke Rate	Cycle/Min		50,8		50,0	49,2	00:01.19	
Stroke Tempo	Sec		00:01.18		00:01.20	00:01.22	193,6	
Distance per stroke	Cm		196,7		190,5		3,15	
Stroke Index	DPS*Speed*Cycle		3,28		3,02			

Pacing info			
Distance	1st 25m	2nd 25m	
Lap	Time	00:12.40	00:15.78
Velocity	Metre/Sec	2,02	1,58



Start info		
Data evolution	Start	
Reaction Time	Sec	00:00.65
Time Out	Sec	00:06.50
Breakout Dis	Metre	14,5
Velocity	Metre/Sec	2,23



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